



**SATURDAY, APRIL 11, 2026 | 8:30AM | DEQUINCY RAILROAD MUSEUM
SPONSORED BY: OUR LADY OF LASALETTE YOUTH**

RUN THE RAILS!

5K FUN RUN/WALK

REGISTRATION FORM

REGISTRATION FEES: ONLINE EARLY BIRD (THROUGH APRIL 5TH): \$25.00 / FAMILY MAX \$75.00
AFTER APRIL 5TH: \$30.00 / FAMILY MAX \$90.00
REGISTRATION AVAILABLE APRIL 6TH-10TH AT THE
RED CABOOSE NEXT TO THE DEQUINCY RAILROAD MUSEUM.

NAME: _____ PHONE NUMBER: _____

ADDRESS: _____

CITY: _____ STATE: _____ ZIP: _____

AGE: _____ SEX: MALE FEMALE

TSHIRT SIZE: ^{CIRCLE}
 ONE AS AM AL AXL A2XL YM YL

CASH/CHECKS/MOBILE PAY AVAILABLE.

MAKE CHECKS PAYABLE TO OUR LADY OF LASALETTE CATHOLIC CHURCH
MAIL TO 702 SMITH STREET, DEQUINCY, LA 70633

REGISTRATION WILL NOT BE COMPLETE WITHOUT SIGNED WAIVER AND CODE OF CONDUCT.

CODE OF CONDUCT

AT THE LOUISIANA RAILROAD DAYS FESTIVAL 5K RUN THE RAILS, PARTICIPANTS SHOULD COURTEOUSLY CONDUCT THEMSELVES, RESPECTING ALL FELLOW PARTICIPANTS, VOLUNTEERS, EVENT STAFF, AND COMMUNITY MEMBERS. PARTICIPANTS ARE EXPECTED TO FOLLOW THE RULES OF COMPETITION OUTLINED BELOW. UNSPORTSMANLIKE CONDUCT WILL NOT BE TOLERATED. PROPER RACE ETIQUETTE IS ALWAYS REQUIRED, INCLUDING BEING AWARE OF YOUR SURROUNDINGS AND ANNOUNCEMENTS AND INSTRUCTIONS FROM EVENT OFFICIALS.

START: PLEASE GIVE YOURSELF ENOUGH TIME TO PICK UP YOUR BIB NUMBER AND LINE UP 20 MINUTES BEFORE THE RACE. PLEASE BE RESPECTFULLY QUIET DURING PRE-RACE ANNOUNCEMENTS. FOLLOWING THE RACE, AWARDS WILL TAKE PLACE AT THE STAGE ON THE EAST SIDE OF THE RAILROAD MUSEUM.

HEADPHONES: THE USE OF HEADPHONES IS STRONGLY DISCOURAGED. IF WORN, PARTICIPANTS MUST REMAIN AWARE OF ANNOUNCEMENTS AND SURROUNDINGS.

MOBILE DEVICES: USE OF MOBILE DEVICES DURING THE EVENT IS DISCOURAGED AS IT REDUCES AWARENESS OF OTHER PARTICIPANTS AND SURROUNDINGS.

RUNNING COURTESY: DO NOT RUN IN WIDE GROUPS THAT BLOCK RUNNERS. AVOID ABRUPT STOPS. MOVE APPROPRIATELY WHEN RUNNERS ANNOUNCE, 'ON YOUR LEFT' OR 'ON YOUR RIGHT.'

SAFETY: IF YOU ENCOUNTER A DISTRESSED RUNNER, OFFER ASSISTANCE OR NOTIFY THE NEAREST AID STATION. IN EMERGENCIES, CALL 9-1-1 IF POSSIBLE.

WAIVER (MUST BE SIGNED)

IN CONSIDERATION OF ACCEPTING THIS ENTRY, I WAIVE AND RELEASE ANY AND ALL RIGHTS AND CLAIMS FOR DAMAGES OR INJURIES AGAINST THE EVENT DIRECTOR, LOUISIANA RAILROAD DAYS FESTIVAL, SPONSORS, VOLUNTEERS, AND REPRESENTATIVES FOR ANY INJURIES OR DAMAGES SUSTAINED BEFORE, DURING, OR AFTER THE EVENT. I ACKNOWLEDGE THAT RUNNING IS A POTENTIALLY HAZARDOUS ACTIVITY AND CERTIFY THAT I AM MEDICALLY ABLE AND PROPERLY TRAINED TO PARTICIPATE. I ASSUME ALL RISKS ASSOCIATED WITH PARTICIPATION INCLUDING WEATHER, TRAFFIC, AND COURSE CONDITIONS.

IN THE EVENT OF ILLNESS OR INJURY, I AUTHORIZE MEDICAL TREATMENT AS DEEMED NECESSARY AND ACCEPT RESPONSIBILITY FOR ANY ASSOCIATED COSTS. I GRANT PERMISSION FOR USE OF MY NAME AND LIKENESS IN EVENT MEDIA. ALL ENTRY FEES ARE NONREFUNDABLE, AND BIB NUMBERS ARE NON-TRANSFERABLE. BY SIGNING BELOW, I ACKNOWLEDGE THAT I HAVE READ AND AGREE TO THIS WAIVER AND ALL EVENT POLICIES.

SIGNATURE OF APPLICANT

/PARENT IF UNDER 18: _____ DATE: _____